

INFO PACK



You(th) Pass in Europe with ESC 11



ORGANISATION & MISSION

The Portuguese Red Cross - Local Branch of Cucujães is part of the Portuguese Red Cross and the International Red Cross and Red Crescent Movement founded with the same aim to operate in armed conflict or natural disaster scenarios and provide humanitarian assistance following the 7 fundamental principles of: Humanity, Impartiality, Independence, Neutrality, Volunteering Service, Unity and Universality.

LOCAL BRANCH OF CUCUJÃES



Contacts:

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Instagram: cruzvermelhacucujaes

What are Our Activities



1

Food Donations

We regularly distribute food to people as part of the food aid programme. We carry the boxes from the vehicles that supply these foods to the warehouse and organise them.



2

Clothes Bank

We separate the good and bad clothes from the donated clothes together with local volunteers. The clothes are available for people in need and we also sell them at a Social Shop.



3

Food Bank

Much better than a bank!
The place where we store donated products to provide to those in need but are out of the programme. We also go and collect them from supermarkets and review the packages of food that came as aid to distribute them.



4

Support to Refugees

We provide support to refugee families, we tend to their needs and sometimes organise activities with them.



5

Transportation of Vulnerable People

We provide transportation for vulnerable people including people recovering from addictions, homeless, refugees, victims, others.



6

Social Media Content Creation

We produce content that summarizes what we have experienced during our volunteering service and promote the organisation's activities and the ESC programme.



MORE...

And... Always be open to spontaneous events and activities!



Fundraising activities, workshops, Active Mix...

Active Mix is a group of people with disabilities for whom we organise leisure time activities. Fundraising activities and workshops can happen while you are here and you will be invited to take part...

The Life in Vila de Cucujães

Useful & Practical Informations

Vila de Cucujães is a SMALL RURAL VILLAGE



Accommodation

You will share a house with other volunteers! The house is fully equipped with all appliances, and it has Wi-Fi. You might have to share the bedroom with another volunteer of the same gender, if necessary.



Meals/ Food

You will receive 150€/month for food allowance. There is coffee, tea and snacks available at the Red Cross for morning and afternoon breaks.



www.cp.pt

The train station is 15 min. walking distance from the house. Download CP mobile app for timetables and stations.

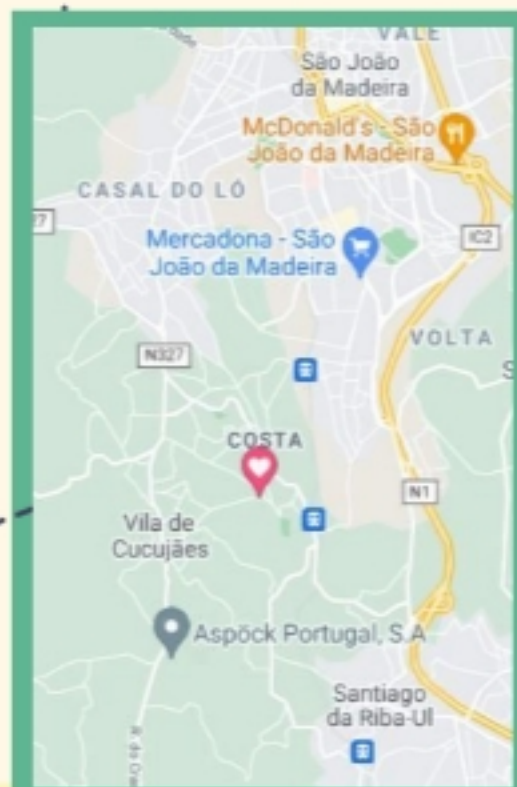


www.transdev.pt

There is Ovar-S.J.Madeira bus stop in front of the Red Cross office. Download MY Transdev mobile app for directions and timetables.

Vila de Cucujães is a small rural village located between Porto and Aveiro in the North Region of Portugal. It has an area of about 10,42 Km² and not more than 10.705 habitants.

Vila de Cucujães is part of Oliveira de Azeméis municipality and belongs to the district of Aveiro.



TRAVEL

Volunteers will be re-funded the value of their travels (2) from Turkey to Portugal (to start the project) and back to Turkey (at the end of the project). The reimbursement will be made by the Turkish sending organisation.



INSURANCE AND VISA

Health Insurance will be provided through **Cigna** for the duration of the volunteering project. It is the volunteer's responsibility, with the help of sending organisation, to take care of the Visa. The Volunteer's Passport expiry date should be 6 months longer than the date of the end of the project.



WORKING TIMES

The organisation is opened to the public from 9 am to 6pm from Monday to Friday. Volunteers are expected to work from 9:30 to 12:00 (morning period) and from 14:30 to 17:00 (afternoon period). It is important to remember that due to the nature of the organisation, we are "on call" should it be the case we are called to operate in any unexpected situation.

POCKET MONEY

Volunteers receive **5€/ day** of pocket money (as foreseen on ESC guidelines). This amount will be paid monthly.



DO NOT MISS!

Don't miss the sunrise and sunset times from high point of the village. Twice a month you have chance to see fullmoon rising up behind the mountains in our balcony!

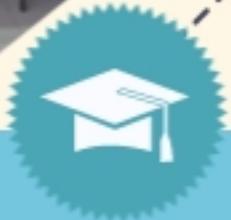


WALK EVERYWHERE



WEATHER

Winters are very rainy and there are many thunderstorms. That's why it's important for you to bring comfortable clothes and shoes that are resistant to rain and water. Snowfall is not common, but you can expect some frost on colder days.



As a Volunteer you will be offered:

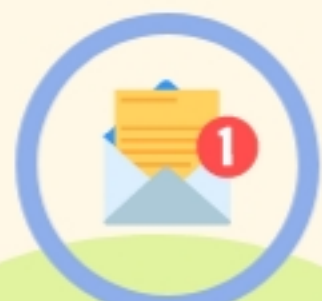
- On Arrival Training provided by the Portuguese National Agency
- Online Linguistic Support to learn Portuguese Language online
- Introduction to Red Cross/ Red Crescent Movement Online Training
- Youthpass Certificate (after completing the project)

Is this the project for you? Yes, if you are:

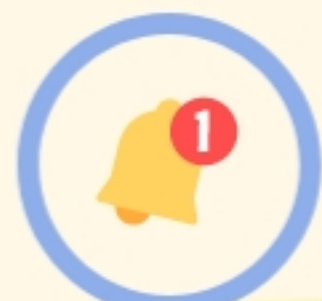
- _ Between 18-30 years old
- _ You can *communicate well* in english
- _ You feel *comfortable* about living in a small rural town with almost no public transportation, shops, cafes, restaurants
- _ You are a *practical* person that can get *hands-on* and help in what is needed. You are *motivated* and *interested* in the topics of the project
- _ You have never participated in European Voluntary Service or European Solidarity Corps before



To apply, send your CV and Motivation Letter in english to Akdeniz Sağlık İdarecileri Derneği in Antalya, Turkey. The sending organisation will then short-list applicants for a Skype interview.



We will then contact short-listed applicants, by e-mail, in order to schedule an online interview. After the interview, we will inform short-listed applicants if they were selected or not.



If you have any other specific question, you can get in touch with nazife_sahan@yahoo.com or juventudecruzvermelhacucujaes@gmail.com